

# FAMILY ACADEMY COURSE CATALOGUE

*For Students, Parents and Caregivers*

## DECEMBER 2024

### SELF-INJURY, SUICIDE, AND YOUTH: WHAT PARENTS SHOULD KNOW ABOUT SAFETY PLANNING

You are invited to join our Region South Mental Health Consultants for this sensitive topic to learn information that is crucial for our Region South families' well-being. The presentation will help you learn how to identify if your child is at risk of self-injury and suicide risk; understand the importance of implementing a safety plan to support your child's overall wellness and reduce the risk for suicidal behaviors and/or self-injurious behaviors; learn to identify school and community resources to support your child should they need to be connected to Mental Health services and supports; discuss the importance of implementing self-care strategies as you support your family.

Note: The session will be conducted in English at the time indicated below.

Date and Time	Location
Monday, December 2, 2024 8:30 am – 9:30 am	Location: Graham Elementary School Address: 8407 S Fir Ave, Los Angeles, CA 90001. Zoom: <a href="https://lausd.zoom.us/j/82690887498">https://lausd.zoom.us/j/82690887498</a> ID: 826 9088 7498

### LOS ANGELES UNIFIED SCHOOL DISTRICT (LAUSD) TITLE I PARENT AND FAMILY ENGAGEMENT POLICY

LAUSD revises its Title I Parent and Family Engagement Policy on a six-year cycle. The policy is designed to highlight the various educational opportunities extended to families to bolster their capacity to support their children's learning at home. This year, the Office of Student, Family, and Community Engagement, in collaboration with the four Region Family and Community Engagement teams will engage parents from each region to update the policy.

Date and Time	Location
Tuesday, December 10, 2024 5:00 – 6:30pm	Region South Professional Development and Family Engagement Center 15805 S. Budlong Ave. Gardena, CA 90247

**\*\*Disclaimer:\*\*** The details provided in this Course Catalogue may be subject to change without prior notice. For the most up-to-date information on workshop offerings, including any changes to dates, times, locations, and topics, please refer to: [LAUSD.org/FamilyAcademy](https://lausd.org/FamilyAcademy)